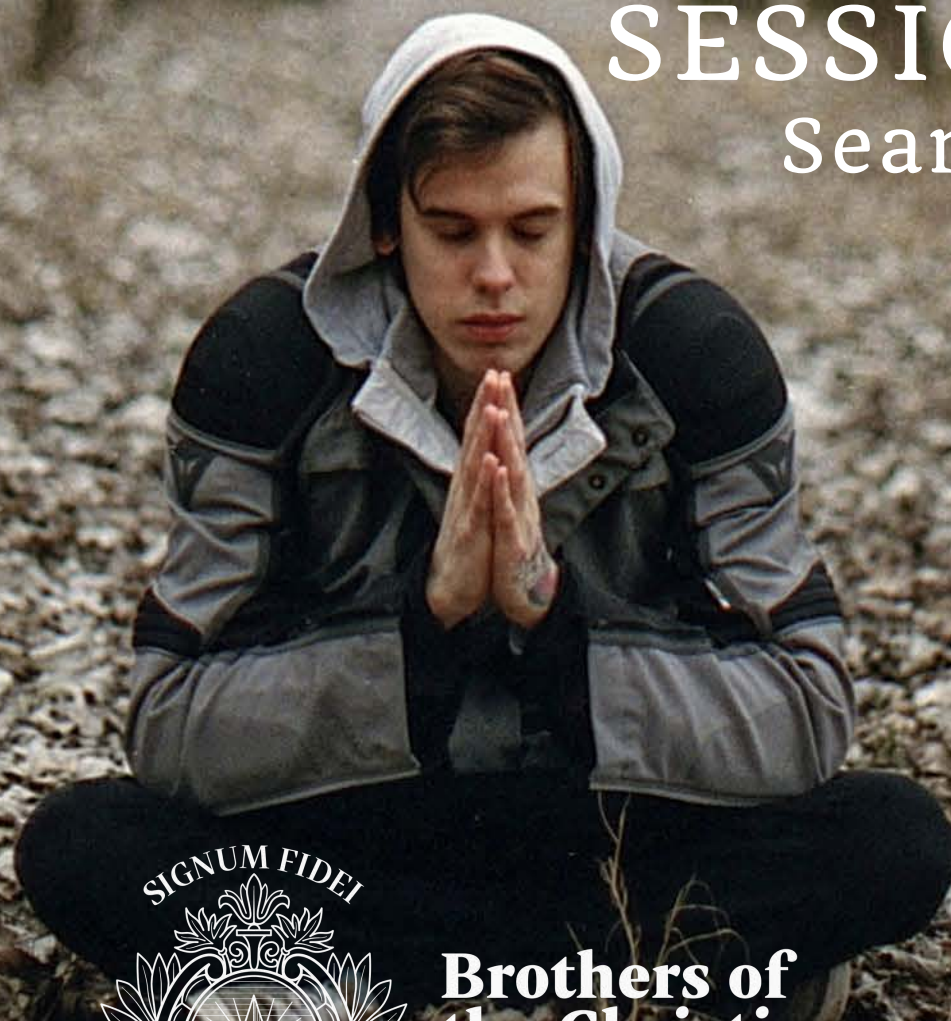


An Online Spiritual Journey

# Vocational Virtual Retreat

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SESSION 1  
Searching



**Brothers of  
the Christian  
Schools**



# LISTEN

Be aware of where YOU are and what you're doing. Be aware of what's going on around you. Listen now to the song...

# Do something



# -Try to be silent-

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## PAUSE

Focus your attention on the lit candle. Recall a phrase of the song or just breath deeply.

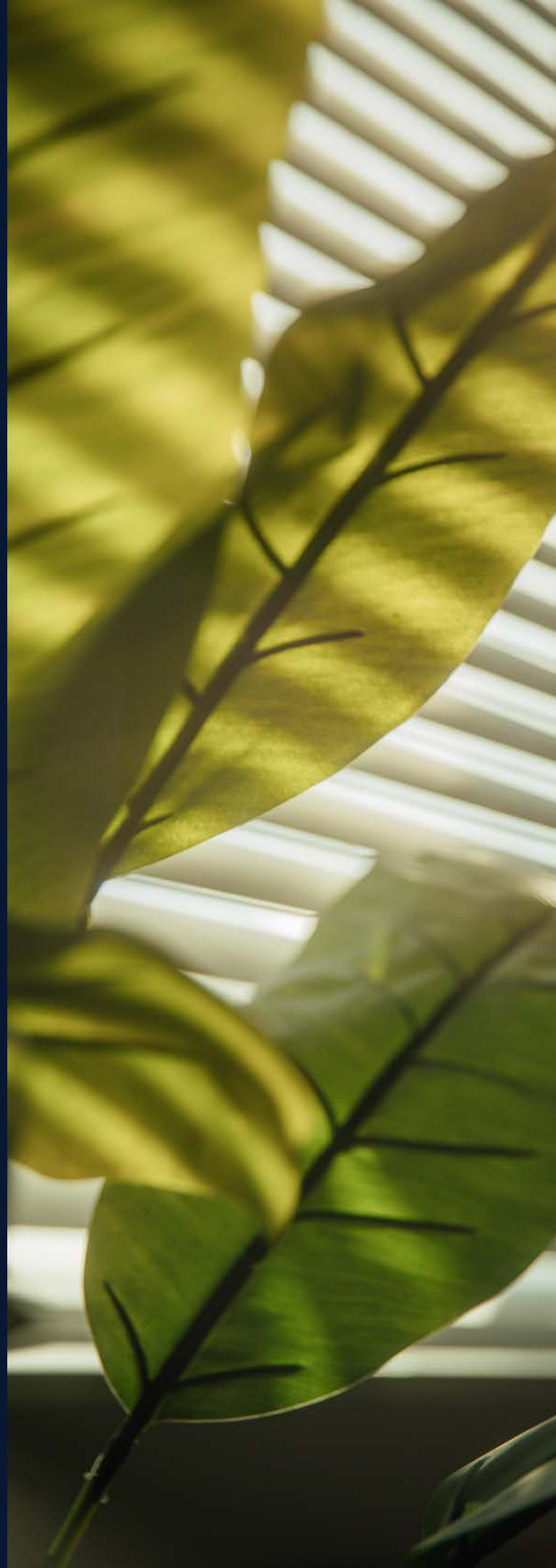
Remember: It's not all in your head.  
It's also in your heart

# What if there is more to my story?


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## DISCERN

You are doing this virtual retreat because you need more. You are searching for something essential...







Present  
your  
intentions  
and  
concerns

**PRAY**

Talk with God.. feel free to  
call him Friend, Father, Lord,  
God... Be grateful.

“

*And to some the gift  
of teaching.”*

ST. JOHN BAPTIST  
DE LA SALLE,  
PATRON SAINT OF  
TEACHERS

**ACT**

Create a commitment for your day.  
(You can write it on your notebook )  
Promise yourself to continue with  
the next session.



Please know that I will keep you in  
prayer as you make this retreat.

Brother Edward  
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EXPLORING YOUR VOCATION AS A CHRISTIAN BROTHER