

February 15, 2020

Study Grants Now Available for Senior Brothers Again!

~~~Retirement Without Borders~~~

Be determined to remain

- Active,
- Engaged,
- Insatiably curious, and
- Involved with Community, District, Region, and Institute.

DENA again offers Study Grants up to \$1,500 per successful application submitted by a Brother. The intent has been to enhance the intellectual and professional development of the Brothers, and to provide an alternative to regular degree programs and credit courses on the university level.

It is often noted that one does not retire from the religious life. Isn't it equally true that a De La Salle Christian Brother never retires from the academic or intellectual life?

Often, the process of growing older can isolate us from each other. As our friends pursue their own destinies, we can lose touch and find ourselves ultimately lacking the human contact we need to survive.

Taking classes, particularly at local community colleges, can remedy that problem, bringing us into respectful interaction with all sorts of interesting people. In this way, going back to school—the sheer act of going—can invigorate a life by coming together with like-minded others.

Did you know that taking a class in just about any subject can improve your cognitive abilities, rejuvenate your memory, and make an allowance for having fun all at the same time? Recent scientific studies clearly show that senior citizens who stay mentally active enjoy all of these rewards.

Challenging our brains to grow new cells can take place at any age. For that matter, we can build new connections which help our problem-solving abilities as well as memory. The more it's used the better the brain grows and does.

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There are a number of places where a Senior Brother can start the process of a somewhat more formal professional and personal development program:

1. Search the internet for free education for Seniors;
2. Local colleges and universities frequently have tuition free programs for Seniors;
3. Contact any local campus group for Seniors to learn the opportunities available;
4. Check out Elderhostel. Elderhostel is a travel group for Seniors that promotes education along the way. They also have scholarships for Seniors, so if you like to travel and learn as you go, this may be great to try;
5. Investigate online coursework. If you are home bound and like the internet, you may find online courses with free tuition for seniors.

If financial assistance is needed consider making an application for a Senior Brothers Study Grant available through the Office of Senior Brothers. You may receive a grant for up to \$1,500 depending, in part, on the needs of the total applicant pool. Grants can help underwrite research or writing and attendance at conferences, workshops, seminars, or webinars. Grants will not be available for regular courses offered for credit or for travel only.

Submission can be made at any time. Funding for all or part of these \$1500 grants will depend on adherence to these guidelines and available funds.

“He is living a full and fulfilling life in retirement. He views this time of his life with a positive attitude, has abundant energy, is engaged in many activities, keeps mentally stimulated, is pursuing his passions, and is having a lot of fun doing all this ...” (p. 30, YOUR RETIREMENT QUEST).